RCT Schools' Football Association

Secretary Mr. Brian Hughes



Chair Mr. Ceri Jones

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Role: RCTSFA Coach
Group: U12s Girls

All RCTSFA Coaching staff must bring positive leadership to their group and the association as a whole.

Coaches must have a confident manner with players, parents and RCTSFA colleagues and must be able to maintain positive working relationships with all stakeholders. The environment that is created is by our coaches is fundamental to the experience of our players. As an organisation, we firmly put development, egalitarianism and collaboration above the desire to simply win football matches.

All RCTSFA staff must role model the values that are set out within the RCTSFA Code of Conduct and they must also challenge players, parents and colleagues to likewise adhere to the Code at all times (<u>read our codes here</u>) The association will support the ongoing development of our coaching team with a commitment to CPD and coach education.

All coaches must have an up to date Enhanced DBS clearance, if there is no DBS in place the Association will process this on your behalf before you start your coaching journey with us.

The broad expectations of the role of RCTSFA Coach is to provide well-structured coaching sessions that will enable the long-term development of the RCTSFA footballer.

As a coach at RCTSFA, you will be expected to bring the following qualities and skills:

1. Safety

- Your first responsibility is the health and safety of all participants.
- Unless already qualified in First Aid, you will need to become certified in basic first aid and concussion training.
- Be prepared to handle First Aid situations as well as medical emergencies at all practices and games.
- Know and understand the Laws of the Game.
- Inspect equipment and field conditions for safety reasons.

- Utilize proper teaching and instruction of players regarding safe techniques and methods of play.
- Implement appropriate training programs to make sure players are fit for practice and competition.
- Supervise and control your players so as to avoid injury situations.
- Part of the player safety also includes hydration and dealing with extreme heat.

2. Player Development

- Attend all practices and games.
- Focus is mainly on 'player centred' development.
- Develop the players' appreciation of the game.
- Keep winning and losing in proper perspective.
- Be sensitive to each player's developmental needs.
- Educate the players to the technical, tactical, physical and psychological demands of the game.
- Allow players to experience different roles on the field.
- Players need to have fun and receive feedback.
- Training should be delivered in the spirit of enjoyment and learning.
- Strive to help each player reach his or her full potential and be prepared to move to the next level.

3. Ethics

- Strive to maintain integrity within our sport.
- Know and follow all the rules and policies set forth by the association, the WSFA and other national associations.
- Work in the spirit of cooperation to provide the players with the maximum opportunity to develop.
- Be a positive role model.
- Set the standard for sportsmanship.
- Keep sport in proper perspective.
- Encourage moral and social responsibility.
- Continue your own football education!

4. Admin

- Check your association email at least once a day.
- Seek to appoint a Team Manager if one is not in place
- Work with team manager to provide game/training reminders, online links to schedules.
- Reporting results to the Association/WSFA after each game.

- Arranging for cover at training and games to if absent.
- Coordinate with the General Secretary and Treasurer when adding or removing players from your squad mid-season.
- Send out two monthly team updates to parents that include game analysis, what the team has been working on at training and what topics you will cover next. This should not take more than ten minutes to write, be brief.

5. Additional

- Follow guidelines established by the Association.
- Attend coaches' meetings and events.
- Be organized.
- Encourage player, and parent participation in Association-sponsored activities and events.
- Controlling the behaviour of parents at games and reporting any incidents of bad behaviour to the RCTSFA Board as appropriate.

Desirable Criteria:

- At least UEFA C Licence Qualified but the Association will support progress towards this qualification
- First Aid Qualified
- Safeguarding Certificate
- Experience of Coaching at Youth or Senior Level
- Qualified Teacher (not compulsory)

March 2019 v1.0